



TOAST + JAM 11

AG Bakehouse white sourdough, multigrain or Strada gluten free
w/ your choice of HM berry jam, HM marmalade or vegemite

FRUIT LOAF / DR. MARTY'S CRUMPETS 14

AG Bakehouse spiced fruit loaf (no nuts) or crumpets served w/ maple butter

PORRIDGE 23

Ask your server for our latest variety

DOCTOR'S ORDERS 25

Dr. Marty's crumpets topped w/ grilled banana, strawberries, caramel creme, berry compote + pecan praline

YOLKO ONO 15.9

Free range eggs served on sourdough toast
Add bacon +7

BIG ZEN 30

Poached eggs, Victorian bacon, HM potato hash, smashed avocado, roasted mushrooms + chorizo served on sourdough toast

BIG DEN 30

Poached eggs, haloumi, HM potato hash, smashed avocado, roasted mushrooms + tomato served on sourdough toast

HULK SMASH 23

Smashed avocado, golden labneh, EXTB seasoning, feta, pepitas, lemon, fresh mint, HM beetroot ginger relish served on multigrain toast
Add poached egg +3.5

BENEDICT HASH 28.9

HM potato hash w/ spinach, poached eggs, hollandaise + pulled brisket or bacon

(GF*)

(VG*)

(GF*)

(GF*)

(GF*)

(GF*, VG*)

(GF)

MISO TOFU SCRAMBLE 25

Miso tofu, spinach, grilled eggplant + red pepper served on multigrain toast

(GF*, VG)

CHILLI CRAB SCRAMBLED EGGS 27.9

Blue swimmer crab, free range eggs, fried shallot + chilli oil served on sourdough toast

(GF*)

SHAKSHUKAH 25.9

Baked eggs in a spicy tomato, roast capsicum + chickpea sauce w feta, HM dukkah + multigrain toast

(GF*)

ZUCCHINI FRITTERS 25

Zucchini, ricotta + leek fritters w/ beetroot tzatziki, spinach, herb oil w/ EXTB seasoning poached egg
Add haloumi +5

GRILLED CALAMARI SALAD 28.5

Calamari w/ rocket, lemon potato, heirloom tomato, pickled onion, cucumber + lemon dill aioli

(GF)

ATLANTIC SALMON 32.9

Crispy skin salmon w/ roasted seasonal vegetables, tahini sauce, za'atar + herb oil

(GF)

TRIPPY TOFU 26

Miso tofu, mushrooms, marinated eggplant, avocado, carrot, crispy rice noodle, spinach, edamame + sesame soy dressing

(VG, GF)

MEXICAN BOWL 25

Spiced rice w/ black beans, avocado, jalapeno, sour cream, corn, pico de gallo, corn chips, fire roasted salsa + lime
Add chicken / pulled brisket / smoked salmon +7

(GF, VG*)

ANCIENT GRAIN SALAD 23.9

Freekeh, lentil, avocado, almond, feta, pepitas, herbs, pomegranate, currants, onion, sunflower seeds + red wine vinegar & olive oil dressing
Add chicken / smoked salmon / pulled brisket +7
Add haloumi +5 / poached egg +3.5

(VG*)

FLEETWOOD BIG MAC 26

Beef patty, Victorian bacon, tomato, red onion, cos lettuce, cheese, HM tomato relish, aioli served on brioche bun w/ waffle fries

(GF*)

Add fried egg +3.5 / double bacon +4

CHICKEN PARMA SANDWICH 26

Crumbed chicken w/ napoli, fior di latte, pesto, rocket, aioli served on Turkish bun w/ shoe string fries

EXTRAS

HM Beetroot Relish / HM Tomato Relish 3
Feta / Sour cream / HM Chilli jam / HM Berry jam 3
HM Dukkah / Everything except the bagel seasoning 2
Extra egg / Extra toast / Hollandaise 3.5
HM Potato hash / Mushrooms / Haloumi 5
Avocado / Tomato / Spinach 5
Victorian bacon / Miso tofu 7
Smoked salmon / Chorizo / Chicken / Pulled brisket 7
Waffle fries / Shoe string fries 12
Gluten free optional (GF*) +1.5

FOR THE LITTLE ONES

Egg on toast 9 Add bacon 13
Ham + cheese toastie / croissant 10
Kids waffle w/ chocolate sauce + icecream 15
Cheeseburger + waffle fries 17.5

FOR THE FURRY ONES #DOGGOSOFZENDEN

DOGS BACON BREAKFAST 7
ROO STICK FOR GOOD DOGGOS 5
PUPPERCINO 3.5

Please advise wait-staff about any dietary requirements especially if you have a condition such as coeliac or nut allergy
We endeavor to accommodate but cannot guarantee allergy-free meals due to trace allergens in the working environment + supplied ingredients
(GF) - Gluten friendly (GF*) - Gluten friendly optional HM Housemade
(VG) - Vegan (VG*) - Vegan optional
EXTB - Everthing Except the Bagel

Please be aware, during busy periods we may ask for your table back after 30 minutes if you're having coffee and cake.
Thank you for understanding.

We don't substitute ingredients
No variations / split bills on weekends / public holidays

1.65% surcharge on card transactions

10% surcharge on weekends

15% surcharge on public holidays



INSTAGRAM @zendencoffeeandfood
we don't mind if you snap before you eat



COFFEE BY PROUD MARY

HUMBLER 5 / 6

Origins: Honduras/ Guatemala/ El Salvador

Notes: Chocolate fudge, caramel, date, with a big syrupy body

Humbler blend has been designed to cut through milk to generate a chocolate fudge latte and a rich, syrupy sweet espresso

EXTRA SHOT / DECAF +0.7

FILTER COFFEE 6

Batch brew – ask your server for this week’s single origin

COLD BREW 6

Single origin cold brew, served on ice

BONSOY

Soy milk +0.8

MILK LAB

Almond milk +0.8

Lactose free milk +0.8

Coconut milk +0.8

ALTERNATIVE DAIRY CO.

Oat milk +0.8

MONIN FLAVOURED SYRUP

Vanilla / Caramel / Hazelnut +0.8

GOLDEN LATTE 5.5 / 6.5

MATCHA MAIDEN 5.5 / 6.5 ICED MATCHA 9

HOT CHOCOLATE 5 / 6

ICED LATTE 6 / 7

ICED COFFEE / ICED CHOCOLATE 9

CALMER CHAI LATTE 5.5 / 6.5 ICED CHAI 9

Aromatic fusion of black tea, Indian spices,

Victorian honey + fresh ginger root

LOOSE LEAF TEA 6

English Breakfast Tea

French Earl Grey

China Sencha Green

Peppermint

Chai

Chamomile

Lemon Grass + Ginger

FRESHLY SQUEEZED JUICES

FRESH OJ 11

Freshly squeezed oranges

OPSM 11

Orange, pear, strawberries + mint

VERDE GOOD FOR YOU 11

Cucumber, apple, celery, lemon

WATERMELON QUENCHER 11

Watermelon, orange, strawberries + mint

COLD PRESSED JUICES

CARROT 11

Carrot, orange, pineapple, ginger

KALE 11

Kale, celery, apple, lemon, ginger

BEETROOT 11

Beetroot, carrot, orange, apple

SMOOTHIES

BERRY GARCIA 11.5

Mixed berries, banana, honey + soy milk

SMOOTHEST PINEAPPLE 11.5

Pineapple, mango, banana, coconut water

CACAO KICKER 11.5

Banana, date, peanut butter, cacao nibs + soy milk

shot of coffee + 0.7

Add protein + 1.5

MILKSHAKES

Chocolate / Vanilla / Caramel 9.9

Strawberry / Blue Heaven 9.9

Kids milkshake 8

SOFT DRINKS

Coca Cola / Coke No Sugar / Lemonade 4

Coconut Water 5

Ginger Beer 6

Natural Sparkling Mineral Water S.Pellegrino 4 / 8

Sparkling water for table – bottomless 5

KOMBUCHA – GOOD BREW

Bushtucker bubblegum 8.5

Hibiscus, ginger + lemon grass 8.5

ALCOHOL

COCKTAILS

APEROL SPRITZ 16

SUMMER MULE 16

Vodka, ginger beer, mint, citrus + watermelon

GIN + TONIC 16

Four pillars gin, tonic w/ elder-flower + rosemary

BLOODY MARY 16

w/ your choice of

Four Pillars Rare Dry Gin or Belvedere Vodka

FIZZ

BANDINI PROSECCO – Veneta, Italy 12/48

ROSÉ

HEAD ROSE GRENACHE – Barossa Valley, SA 12/45

RED

MOJO SHIRAZ – Barossa Valley, SA 11/35

FAT BASTARD PINOT NOIR – Southern France 12/40

WHITE

TOTARA SAUV BLANC – Marlborough, NZ 12/45

AQUILANI PINOT GRIGIO – Marlborough, NZ 40

STICKS CHARDONNAY – Yarra Valley, VIC 45

BEER

PHILTER – XPA (Extra Pale Ale)

Tropical fruit aromas, delivering a distinctly refreshing hop flavour and leaving a balanced finish. 10.5

STONE & WOOD – PACIFIC ALE

Cloudy and golden. It is dry hopped to provide a big fruit aroma and a refreshing finish. 10.5

BODRIGGY STINGRAY – DRAUGHT

Filtered and fermented at a cool temperature to keep it clean and refreshing. 10.5

HEAPS NORMAL – QUIET XPA – NON ALCOHOLIC

Tropical and citrus aroma, with balanced bitterness and a subtle malt sweetness. 10.5

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